

Helping students and families through: Early identification, prevention, intervention, counseling, and support.

How to get help for my child

Contact the administrator at your child's school

Growing up in today's fast-paced society is a challenge no matter one's age. Children may experience emotional and behavioral problems in trying to deal with issues at home or school.

Reasons to seek help for my child:

- Mood disturbances (changes in mood/behavior)
- Attention deficit / hyperactivity
- Disruptive behavior problems
- Anxiety
- Family conflict
- Substance use
- Stress or difficulty adjusting
- Grief or loss
- Suicidal thoughts
- Disturbance in eating or sleeping
- Social/peer challenges

Our Mission: To strengthen individuals and families by providing strength-based, family-centered, collaborative care in homes, schools, and communities.

Our Philosophy: To use a trauma informed approach to enhance the resiliency of our students and families. Family sessions can teach you skills to deepen family connections and get through stressful times. We believe families and schools want all children to be successful!

Services provided:

- Assessment
- Family therapy
- Individual therapy
- Group therapy
- Parenting support
- Skills training
- Crisis support
- Medication management
- Care coordination

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eCommunity.com/behavioralhealth | HaveHope.com
Text 'HELPNOW' to 20121

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