

Counseling Agencies and Groups

Hamilton Southeastern Schools counselors have compiled this list of professional counseling agencies as a guide for HSE parents and students. However, HSE assumes no responsibility for liability in connection with the counseling services or those listed on this guide. HSE does recommend that you see a provider with a mental health background. You are responsible for any reference checks. HSE has no control over the quality of the services provided or any outcome. HSE will not be involved in any disputes, claims, loss, injury, or damage of any kind that might arise during and after the student-agency interaction.

Agency	Therapist	Insurance	Sliding Scale	Issues Specialized	Does not work with
Anchor Behavioral Counseling 11909 Lakeside Dr Fishers, IN 46038 317-577-8680	Kenneth McCoy, PhD, HSPP Robert Johnson, LCSW Dawna East-McCoy, MA, LMHC Crystal Hicks, PhD, HSPP	Private Insurance and Medicaid	No	McCoy-therapy, developmental and neuro psych testing Johnson-code-pendency, substance abuse, children and adolescents East-McCoy-adoption, custody evals Hicks-Youth and Families and psych testing	N/A
Aspire Indiana 697 Pro-Med Lane Carmel, IN 46032 17840 Cumberland Rd Noblesville, IN 46074 1-877-574-1254 24 Hour Crisis Line: 1-800-560-4038	Multiple Options	Private Insurance and Medicaid	Yes	All types of services available	N/A

<p>Bauzo, Melissa 3021 East 98th Street Suite 110 Indianapolis, IN 46280 liberationcounseling@gmail.com 317-551-3382</p>	<p>Melissa Bauzo, LMFT</p>	<p>Insurance: Anthem, Cigna, UHC, IU, New Avenues, Midwest, MHN, Cigna, Tri-care, and Self Pay at \$100</p>	<p>No</p>	<p>Sees kids 5 and up, specialized in ADHD, anxiety, depression, gender identity issues, family transitions including divorce, Christian Counseling, couples therapy</p>	
<p>Boehme, Lynda 301 East Carmel Dr Ste D100 Carmel, IN 46032 317-409-5887</p>	<p>Lynda Boehme, MSW, LCSW</p>	<p>Anthem BlueCross BlueShield and Sagamore</p>	<p>No</p>	<p>Adults and Adolescents, specializes in disordered eating, anxiety. Depression, ADHD, grief loss, relationship issues</p>	<p>Autism and no groups</p>
<p>Brooke's Place 50 E. 91st Street Ste 103 Indianapolis, IN 46260 317-705-9650 www.brookesplace.org</p>	<p>Multiple Options</p>	<p>Support groups are voluntary \$30 a month Counseling is offered on a sliding fee</p>	<p>Yes</p>	<p>Ages 3-20 Peer Support Groups and Greif Counseling</p>	<p>Anything outside of grief counseling</p>

<p>Buckingham and Associates 8202 Clearvista Parkway, Suite 6A Indianapolis, IN 46256 Phone 317-288-9942 http://buckinghampsych.com</p>	<p>Multiple Options</p>	<p>Most insurances including Medicaid and Medicare</p>	<p>No</p>	<p>Starting at age 5 ADHD Behavior Problems School Problems Children at Risk Learning Disabilities Anxiety Panic Disorders Depression Victims of Abuse/Trauma (including court testimony) Anger Management Eating Disorders Addictions Substance Abuse Dual Diagnosis Codependency Issues Boundary Issues Personal Growth Infertility/Adoption Issues Marital Issues Workplace Issues Children of Divorce Issues Blended Family Issues Parenting Medical/Rehabilitation Psychology Health Related Issues</p>	<p>No meds</p>
<p>Burgess, Nicole 9292 N. Meridian St Ste 311 Indianapolis, IN 46260 317-840-0490 www.nicolecburgess.com</p>	<p>Nicole Burgess, LMFT</p>	<p>Anthem Blue Cross/Blue Shield</p>	<p>No</p>	<p>Mostly Teen girls and Women who have experienced Trauma or struggle with Anxiety</p>	<p>Oppositional Defiant</p>

<p>The Cabin 220 S. Elm Street Zionsville, IN 46077 317-873-8140 www.thecabin.org</p>	<p>9-therapists 1-strength training coach 1-dietician</p>	<p>Pay up front but then they will bill insurance who will reimburse the family</p>	<p>Yes</p>	<p>Addictions Adolescents Adoption Adults/Individuals Adventure Therapy Affair Recovery/Infidelity Anger Management Anxiety Blended Family Transitions Children Communication Depression Divorce Recovery Eating Disorders Family Conflict Grief/Loss Infertility Life Coaching Life Transitions Marital/Couples Men's Issues Mid-Life Issues OCD Parenting & Grandparenting Play Therapy Pornography Addiction Post-Traumatic Stress (PTSD) Pre-Marital Counseling Rape Recovery School Performance Self-Esteem Building Self-Harm Sexual Abuse Recovery Sexual Problems Spiritual Development Substance Abuse Suicide Prevention Women's Issues</p>	<p>No meds</p>
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<p>Cancer Support Community of Central Indiana 5150 W. 71st Street Indianapolis, IN 46268 317-257-1505 www.cancersupportindy.org</p>	<p>Multiple providers</p>	<p>Free of charge</p>	<p>No Charge</p>	<p>Support groups and educational services for cancer patients and families</p>	<p>N/A</p>
<p>Center for Hope and Family Solutions 8483 Fishers Center Drive Fishers, IN 46038 www.Center4hope.com</p>	<p>Dawn Crossman, LCSW Heidi Kelly, MSW, LCSW Cara Reinbrecht, MS, LMHC, NCC, CEDS Amanda Atkinson, MA, RD, CD Kerri Hoffman, BA Jillian Yee, PysD, HSPP</p>	<p>Bills family directly and then they can submit to insurance</p>	<p>No</p>	<p>Individual, Family, and couples therapy for Children, Adolescents, Adults and families, Eating Disorders, Nutritional Service, and Postpartum</p>	<p>Sexual addiction and Substance Abuse</p>
<p>CenterPoint Counseling 7700 N Meridian Street Indianapolis, Indiana 317-252-5518 www.centerpointcounseling.org</p>	<p>Multiple Providers</p>	<p>Anthem, Aetna, New Avenues</p>	<p>Yes</p>	<p>Family, marriage, depression, mood disorders, anxiety, stress, substance use, sexual abuse, trauma (with an EMDR therapist)</p>	<p>No Meds</p>
<p>Charis Center for Eating Disorders 6640 Intech Blvd. Ste. 195 Indianapolis, IN 46278 317-295-0608</p>	<p>Multiple Providers</p>	<p>Most private insurance Medicaid & Medicare: Marketplace, MDWise, and IU Health</p>	<p>40% time of service discount</p>	<p>Eating Disorders only; Group, individual, and partial hospitalization</p>	<p>N/A</p>

<p>Child and Adolescent Psychiatry Clinic Riley Children's Hospital Room 4300 702 Barnhill Dr Indianapolis, IN 46202 317-944-8162</p>	Multiple Providers	All but United Health Care and Cigna Medicaid (not Anthem or MHS)	Yes	Psych testing, inpatient setting, Intensive outpatient, outpatient therapy, med management, autism and learning disability testing, Ages 4-18	Sexual Abuse, Eating disorders, and body image issues
<p>Children's Resource Group 9106 N. Meridian St Ste 100 Indianapolis, IN 46260 317-575-9111</p>	Multiple Providers	Out of network with most insurances except Sagamore and Multiplan who they can offer a discount for	No	Testing and evaluations, autism, med management, therapy, speech services, disability specialist, and ADHD coach	N/A
<p>Aubrey Christman-Vogelheim 3021 East 98th Street Suite 110 Indianapolis, IN 46280 317-914-2241 acvogelheim.lmft@gmail.com</p>	Aubrey Christman-Vogelheim, LMFT	Anthem, UHC, IU, Tricare Self Pay at 100.00	No	Sees kids 5 and up and specializes in family transitions, military families, divorce care	No management
<p>Collaborative Change 10293 N. Meridian St S180 Indianapolis, IN 46290 317-296-4187 www.collaborative-change.com/therapy-services</p>	Multiple Providers	Medicaid, private insurance, and self pay	Yes	Home, community, and office based services	No Children under 5 years old
<p>Community Health Network 7150 Clearvista Dr Indianapolis, IN 46256 317-621-5719 24 Hour Crisis Line: 317-621-5700</p>	Multiple	All insurances	Yes	Inpatient, day programs, eating disorders, addiction, and outpatient therapy	N/A

Comprehensive Med/Psych Systems 10293 N. Meridian St Suite 375 Indianapolis, IN	Neuropsychologist 2 HSPP Psychiatrist	Most major insurances not Medicaid	No	Neuropsych testing for ages 16 and up	Anyone under the age 16
Farris and Associates 8980 Technology Dr #201 Fishers, IN 46038 (317) 585-9111 http://www.fisherscounseling.com/	Amy Ferris, LCSW Cathy Heath, LMHC Brittany Madison, LMHC Mary Francisco, LCAC, LCSW Cassie Nelson Craig, LMFTA Stephanie Costly, LCSW Katie Hunter, LMHC	Multiple Insurances	Yes	Individual and Family Therapy	No Meds
Fishers Youth Counseling and Psychiatry 14074 Trade Center Dr Suite 141 Fishers, IN 46038 317-774-3187	Susan Krier, Psychiatrist Elizabeth Celie, LCSW, LLC Amy Johnson, HSPP Troy Johnson, HSPP Jill Litner, APN	Most Insurances, no Doctors in United Healthcare Network, no Medicaid	Yes	Only Children and Adolescents, Medication and Med management	Don't see Adults

<p>Foundations Family Counseling 11988 Fishers Crossing Drive Suite 153 Fishers, IN 46038 317-721-4801 http://www.fountainsfc.com</p>	<p>Amy Brant, LMFT</p>	<p>Bills family directly and then they can submit to insurance</p>	<p>No</p>	<p>Parents and child classes, seminars for parents, family maintenance, play therapy, children with developmental disabilities, Women's needs, pre-marital, marital, or relationship maintenance, adolescent needs</p>	
<p>Hamilton Professional Counseling 970 Logan Street, Suite 213 Noblesville, IN 46060 317-760-1446 http://www.hamiltonprofessionalcounselingonline.com</p>	<p>Kristi Turner, LMHC Theresa Holliday, LCSW Stacey Harless, LCSW Nancy Homan, MSW Kristy McNamee, LMHC</p>	<p>Most insurances, not Medicaid or Medicare</p>	<p>Yes</p>	<p>(ages 3-?) Individual, group, family, and couples</p>	<p>Substance use</p>
<p>Harmony Medical Associates 11956 Fishers Crossing Drive Fishers, IN 46038 317-842-5555 http://harmonymed.com/</p>	<p>Dr Munir Maggie Pohlman, LCSW Elizabeth Pitcher, LCSW Mary Reese, LCSW</p>	<p>Providers are paneled with insurances, no Medicaid</p>	<p>No</p>	<p>Psychiatric evaluations, Medication Management, Individual, Family, and Couples Therapy</p>	
<p>Jessica Hood 7002 Graham Rd Ste 211 Indianapolis, IN 46220</p>	<p>Jessica Hood, LCSW</p>	<p>Anthem, Cigna, United, Sagamore, New Avenues/Midwest, IU Health Plans Atena</p>	<p>No</p>	<p>Child, teen, and family therapy, social skills and relationships groups (ages 5-12)</p>	<p>Eating disorders</p>

<p>Indiana Health Group 9000 Keystone Crossing Blvd Suite 820 Indianapolis, IN 46240 317-843-9922</p>	<p>Multiple Providers</p>	<p>Accepts some insurances depending on provider, no Medicaid</p>	<p>No</p>	<p>Individual and Family therapy, medication management, Equine Therapy, Recovery Services</p>	<p>NA</p>
<p>Indy Counseling Professionals Northeast Office Centre 5660 Caito Drive Building 3-Suite 120 Indianapolis, IN 46226 317-775-8050</p>	<p>Julie Timke, MSW, LCSW Katy Feeser, MSW, LCSW Rachael Reed, MSW, LCSW Mickey O'Connell, MFT</p>	<p>Anthem, United Healthcare, Cigna, Pro Health/Community, EAP</p>	<p>No</p>	<p>Children, Adolescents, Adults, Couples, Play Therapy, EMDR, and Neurofeedback</p>	<p>No Med Management</p>
<p>Irvin Family Therapy 10 South 9th Street Suites 12 & 13 Noblesville, IN 46060 317-773-5286 or 317-440-9999</p>	<p>Missy Irvin, LMHC Mandy Baldwin, MA</p>	<p>Anthem</p>	<p>No</p>	<p>Adolescents, Families, and couples Also offers Neurofeedback sessions</p>	<p>Elementary age students</p>
<p>Jennifer Jester 3021 East 98th Street Suite 110 Indianapolis, IN 46280 317-250-3834 jj@jenniferjester-therapy.com</p>	<p>Jennifer Jester, LCSW</p>	<p>Anthem, Community Pro Health, IU, Self Pay 100.00</p>	<p>No</p>	<p>Middle school students and older, specializes in trauma, family transitions, divorce care, personality disorders, Sports psychology, anxiety and depression</p>	<p>No Elementary Age Children and Med management</p>
<p>Lives Transforming 13005 Parkside Drive Fishers, IN 46038 317-548-2146 livestransforming.com</p>	<p>Multiple Providers</p>	<p>Some self-pay and some insurance</p>	<p>Depends on provider</p>	<p>Christian counseling</p>	<p>No Med Management</p>

<p>Lotus Group 11950 Fishers Crossing Drive Fishers, IN 46038 317-595-5555 http://www.lotusgroup.biz/about/</p>	<p>Nurse Practitioner, Psychiatrist, and 4 Therapists</p>	<p>Bills family directly and they can assist with billing insurance</p>	<p>No</p>	<p>Custody Evaluations, Individual, Family, and Couples Counseling, Medication and Management, Christian Counseling</p>	<p>None</p>
<p>Mathias Counseling and Consulting 7965 East 106th Street Suite 116 Fishers, Indiana 46038 317.586.2141 http://www.mathiascounseling.com</p>	<p>Carlabeth Mathias, MS, LCSW, LMHC</p>	<p>Self-pay</p>	<p>No</p>	<p>K-12 students, groups, parenting groups</p>	<p>Substance Abuse and Sexual Abuse</p>
<p>Meridian Counseling Group 9135 North Meridian Street Suite A-6 Indianapolis, IN 317-581-1433 http://www.meridiancounseling-group.com/</p>	<p>Marcia Borning, LCSW Meghan Chamberlin, MS, EdS, LMHC Warren Palmer, PhD, HSPP Barbara Thornburg, LCSW</p>	<p>Most major insurances are accepted</p>	<p>No</p>	<p>Individual, group, family, and couples counseling</p>	<p>No Med management</p>
<p>Meridian Health Services 2506 Willowbrook Pkway. Indianapolis, IN 46205 317-803-2270</p>	<p>Multiple Providers</p>	<p>Most Insurances including Medicaid</p>	<p>Yes</p>	<p>Individual, Family, Group, and Couples counseling, Medication and Med management, Skills Training (for those that qualify)</p>	<p>NA</p>

<p>Meridian Psychological Associates 4401 Central Ave Indianapolis, IN 46205 317-923-2333 http://www.mpaindy.com/</p>	<p>Multiple providers</p>	<p>Takes most insurances, a few doctors do take Medicaid</p>	<p>Depends on the Doctor</p>	<p>Therapy, Divorce Related Services, Forensic Consultative Services, Psychiatric Assessment and Medication, Psychological Testing, School Services, Spanish Speaking Therapist</p>	<p>N/A</p>
<p>New Perspectives 6314 Rucker Rd Suite A Indianapolis, IN 46220 317-465-9688</p>	<p>8- Therapists and a Psychiatrist</p>	<p>Some paneled, some self-pay, no Medicaid</p>	<p>Depends on the provider</p>	<p>Individual, Family, and Couples Therapy, Medication and Med Management, and Substance Use</p>	<p>No</p>
<p>North Meridian Psychiatric Associates 8710 North Meridian St Suite 100C Indianapolis, IN 46260 317-663-7302 office@nmeridianpsych.com</p>	<p>Ann H. Adinamis, MD Carole Pifer, Psychiatry Susan Fay, MD</p>	<p>Does not take insurance</p>	<p>No</p>	<p>Psychiatry</p>	<p>NA</p>
<p>Prevail 1100S. 9th Street Suite 100 Noblesville, IN 46060 317-773-6942 https://prevailinc.com/</p>	<p>Multiple advocates (no Licensed Therapists on staff)</p>	<p>No Charge for services</p>	<p>NA</p>	<p>Works with people of all ages who are victims and survivors of all types of crimes, mainly sexual assault and domestic violence. One on one appointments or groups</p>	

<p>St Vincent Stress Center 8401 Harcourt Rd, Indianapolis, IN 46260 317-338-4800 http://www.stvincent.org</p>	<p>Multiple Providers</p>	<p>Bills insurance and types of Medicaid</p>	<p>Yes</p>	<p>Inpatient, partial hospitalization, Intensive outpatient programs, Outpatient therapy</p>	<p>NA</p>
<p>Kerrie Siegl 3021 East 98th Street Suite 110 Indianapolis, IN 46280 317-459-5221 kerrie.siegl@gmail.com</p>	<p>Kerrie Siegl, LMFT</p>	<p>Anthem, United Health Care, UMR, Lifesynch/Humana, IU Health, New Avenues, MHN, Midwest, Cigna, Self pay at \$100.00</p>	<p>No</p>	<p>Sees kids 3 and up, specialized in high functioning ASD, anxiety, depression, trauma, learning disabilities, developmental delays and cognitive disorders, and family transitions, Christian counseling</p>	<p>No Med Management</p>
<p>Ron Stachler 84 N. First St Zionsville, IN 46077</p>	<p>Dr Ron Stachler-Psychiatrist</p>	<p>Does not file insurance</p>	<p>No</p>	<p>Child and Adolescent Psychiatrist and therapy</p>	<p>No Custody evals</p>

<p>Amber Young, LLC 14074 Trade Center Drive, Suite 116 Fishers, IN 46038-4586 Email: amber@amberyongllc.com Phone: (317)914-7718 Fax 1(844) 374-3116</p>	<p>Amber Young, BS, MA, LMHC</p>	<p>Anthem, Aetna, IU Health, Cigna, Tri-care, Sagamore</p>	<p>No</p>	<p>Children (ages 5 and up), adolescents, and adults. Anxiety, depression, ADHD, social skills, anger management, grief, and trauma. Attends case conferences at the schools if parents request. Provides parent-support sessions to help parents work on ways they can best support their kids in meeting their treatment goals.</p>	<p>No Med Management</p>
<p>Valle Vista 898 E. Main Street Greenwood, IN 46143 317-887-1348 http://www.vallevistahospital.com/</p>	<p>Multiple Providers</p>	<p>Most insurances and they do a free assessment and referral services daily</p>	<p>Yes</p>	<p>Inpatient services, Partial Hospitalization, Residential, and Substance use services</p>	

<p>Wellspring Counseling 9201 N Meridian St Suite 120 Indianapolis, IN 317-348-1312 http://www.wellspringcenterindy.com/</p>	<p>E. Rebecca Carr MA, LMFT, RPT-S Laurie Freeman, MA, LMFT Wendy Loker, MS, LMFT Kelly Bennett, MA, LMHC</p>	<p>Anthem, Self-pay (\$120 per session)</p>	<p>No</p>	<p>Individual, Couple, Family and Group Therapy, Depression & Anxiety, Infertility, Miscarriage & Infant Loss, Family & General Relationship, Divorce, Separation & Blended Family Issues, Behavioral & Emotional Concerns of Children, Personal Growth & Self Esteem, Parental Coaching, Stress Management, Physical & Sexual Abuse Recovery, Play Therapy, Trauma Recovery, Grief, Sexual & Gender Identity, Hypnosis, Meditation & Relaxation, Supervision of Play</p>	<p>Eating Disorders</p>
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